

Health Promotion

Bachelor of Science

The Health Promotion program is designed for those who seek to work in the fields aimed at improving the health of individuals, populations and communities. The program prepares students to work with community organizations, government agencies, public or corporate health organizations and educational institutions. Health Promotion is designed to give students the experience and background to pursue the National Commission for Health Education Credentialing (NCHEC) Certified Health Education Specialist (CHES) certification.

Career Options:

- Corporate and Hospital-based Wellness
- Health Education Specialist
- Community Health
- Government and Non-profit Health Agencies
- School-based Health Education
- Work-site Health Promotion Coordinator

Major Requirements:

Health and Society
Personal and Community Health
Intro. to Public Health
Principles of Epidemiology
Methods & Materials in Community Health Education
Program Planning
& Evaluation in Health Education
Practicum
Internship
Elementary Statistics

Community Nutrition
Fundamentals of Human Anatomy and Physiology
Introduction to Exercise Science
Foundations in Wellness and PT
Principles of Health Education
Health Promotion and Behavior Change
Exercise Psychology
Research and Statistics in EXS
Junior Seminar Exercise Science
Nutrition
Nutrition and Chronic Disease

Minor Requirements:

No minor available.

Department Contact:

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General Education Requirements

I. Interdisciplinary Requirements	Credits	IV. Humanities Courses	Credits
Ethics	3	Religion	3
International Studies	3	English Composition	6
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Total Hours	6	Art, Music or Entertainment/Theatre	3
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II. Science Courses	Credits	Total Hours	15
Mathematics	3	TOTAL GENERAL EDUCATION HOURS	41
Biology, including lab	4		
Physics, Earth Science or Chemistry, incl. lab	4		
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Total Hours	11		
III. Social Science Courses	Credits		
History, Political Science	3		
Communication, Economics, Geography or Criminal Justice	3		
Psychology or Sociology	3		
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Total Hours	9		

Unless otherwise specified, transferred credits may be used to fulfill the general requirements at the Registrar's discretion.

Major Requirements

	Credits		Credits
EXS 190 Intro to Exercise Science	2	HLP 420 Program Planning & Evaluation in Health Education	3
EXS 214 Foundations of Wellness and PT	3	HLP 480 Practicum	3
EXS 301 Personal and Community Health	3	HLP 481 Internship	4
EXS 305 Health Promotion and Behavior Change	3	MAT 213 Elementary Statistics	3
EXS 345 Research and Statistics in EXS	3	NTR 200 Community Nutrition	3
HLP 190 Health and Society	3	NTR 300 Nutrition	4
HLP 200 Fundamentals of Human Anatomy and Physiology	3	NTR 305 Nutrition and Chronic Disease	3
HLP 301 Principles of Health Education	3		
HLP 310 Intro to Public Health	3		
HLP 311 Exercise Psychology	3		
HLP 320 Principles of Epidemiology	3		
HLP 410 Methods & Materials in Community Health Education	3		

General Graduation Guidelines:

Total of 120 semester hours, 39 of which must be numbered 300 or 400.

(Other programs may require coursework beyond 120 semester hours.)

At least 9 semester hours of courses designated as writing intensive.

A declared major.

A cumulative GPA average of C (2.00) and at least a C average in the graduation major.