

Vanessa Batchelor, MS

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EDUCATION

MS	The University of North Carolina at Greensboro, Exercise Physiology	2017-2019
BS	North Carolina Wesleyan College, Exercise Science	2012-2016

TEACHING EXPERIENCE

North Carolina Wesleyan University

Fall 2022 - 2023:

EXS 214	Foundations in Wellness and Personal Training
EXS 315	Nutrition and Human Performance
EXS 318	Kinesiology and Biomechanics

Spring 2022 - 2023:

EXS 190	Introduction to Exercise Science
EXS 301	Personal and Community Health
EXS 301	Health Promotion and Behavior Change
EXS 430	Strength and Conditioning

Fall 2023 - 2024:

EXS 214	Foundations in Wellness and Personal Training
EXS 301	Personal and Community Health
EXS 318	Kinesiology and Biomechanics

Spring 2023 – 2024:

EXS 190	Introduction to Exercise Science
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RESEARCH EXPERIENCE

Publication, "Seasonal Changes in Physical Performance-Related Variables in Women NCAA Division III Soccer Players," 2023. Gazzetta Medica Italiana-Archivio per le Scienze Mediche

Poster Presentation, "Pilot Study Comparing the Traditional Bar Grip and the Pelvic Belt Methods to Measure Mid-Thigh Isometric Pull Performance in Collegiate Male Athletes," April 2023. SEACSM Regional Conference. Greenville, SC.

Poster Presentation, "Pre-Season Countermovement Jump Derived Neuromuscular Performance in Female NCAA Division III Soccer Players," April 2023. SEACSM Regional Conference. Greenville, SC.

Poster Presentation, "High and Low Performer Differences in Countermovement Jump Derived Neuromuscular Performance in Female NCAA Division III Soccer Players," April 2023. SEACSM Regional Conference. Greenville, SC.

Poster Presentation, "Pre-Season Performance Related Variables in Female NCAA Division III Soccer Players", February 2020. SEACSM Regional Conference. Jacksonville, FL.

COMMITTEE SERVICE

Public Health/Exercise Science Hiring Committee

2022 – 2023

Exercise Science Advisory Committee

2023 – Present